

US Youth Soccer 12U Modifications to The Game

Playing numbers: 9v9 (with goalkeepers)

Field Dimensions:

Length 75 yards

Width 47 yards

Goal Dimensions:

Height 6.5 feet

Width 18.5 feet

Duration: two periods of 30 minutes

Ball: number 4

Offside: yes

Practice & Game Considerations

Practice Length: 75-90 minutes

Practice/Game Ratio: 2 practices:1 game